Free sample from The Scooter Rider Skills, Safety & Commute Planner. This is worksheet 1 of 11. Get all 11 worksheets: scootermatch.com/kit

Rider At A Glance

The rider, the scooter and the numbers every other sheet asks for, on one page

Rider	**Date**
Scooter	**Kind of riding (commute, kids, skatepark)**

Every sheet in this kit starts from a number that lives here: how much the rider weighs with a bag, the scooter's battery, motor and max load, the helmet size and the bar height. Fill in what you know now; the free calculators on the site fill the rest in a minute each.

The rider

Item	Your number	Where it comes from
Height		Tape measure, shoes on
Weight with bag or cargo (lb)		Scale, plus the bag you ride with
Head circumference (cm)		Tape 1 in above the eyebrows
Helmet size and certification		Rider Safety Sheet, sheet 7
Bar height range (kick or pro)		Kids or Pro progression sheets
Current level in the skills plan		Sheet 2

The scooter

Item	Your number	Where it comes from
Battery (Wh = volts x amp-hours)		Listing or battery label
Rated motor power (W)		Listing
Max load (lb)		Listing or manual

Item	Your number	Where it comes from
Real range at your weight and speed (mi)		Range calculator
Load headroom (15% rule)		Weight limit calculator
Tire type and pressure (psi)		Tire sidewall or manual
UL 2272 listed?		Listing, box or label

What to reach for when

Situation	Go to sheet
Planning this week's riding practice	Sheet 2
Picking the exact drill for a session	Sheet 3
Finding out how far you really need to stop	Sheet 4
Logging a ride and deciding next week	Sheet 5
Planning a commute: range, hills, cost	Sheet 6
Helmet fit, local laws, charging	Sheet 7
A child starting out, or moving up	Sheet 8
Learning tricks on a pro scooter	Sheet 9
Before every ride, and monthly care	Sheet 10
Choosing gear and tracking spend	Sheet 11

Researched guidance, not professional advice. Wear a certified helmet every ride. Scooter laws differ by state and city: check yours.