Free sample from The Scooter Rider Skills, Safety & Commute Planner. This is worksheet 8 of 11. Get all 11 worksheets: scootermatch.com/kit

Kids' Progression & Parent Checklist

From a first 3-wheel scooter to a first electric one, with the sizes and the gates between

Child	**Age**
Height (in)	**Head (cm)**

Children move up by what they can do, not by birthday. The table gives this site's sizing by age (CDC 50th percentile heights and head sizes, boys and girls averaged); your child's own measurements beat the chart. The gates below are the checks a parent can watch for before moving up a stage.

Sizes by age, from this site's data

Age	Typical height	Handlebar (hip to waist)	Typical head and helmet	Scooter stage
2	34 in	17 to 20 in	48 cm (XS)	3-wheel lean-to-steer
3	37.5 in	19 to 23 in	49.5 cm (XS)	3-wheel lean-to-steer; electric: Starter, about 5 mph
4	40.5 in	20 to 24 in	50.5 cm (XS)	3-wheel lean-to-steer; electric: Starter, about 5 mph
5	43 in	22 to 26 in	51 cm (S)	2-wheel kick; electric: Starter, about 5 mph
6	45.5 in	23 to 27 in	51.5 cm (S)	2-wheel kick; electric: Kids starter, about 8 mph
7	48 in	24 to 29 in	52 cm (S)	2-wheel kick; electric: Kids starter, about 8 mph
8	50.5 in	25 to 30 in	52.5 cm (S)	2-wheel kick; electric: Kids, about 10 mph
9	52.5 in	26 to 32 in	53 cm (S)	2-wheel kick; electric: Kids, about 10 mph
10	55 in	28 to 33 in	53.5 cm (S)	2-wheel kick; electric: Big kids, about 12 mph

Age	Typical height	Handlebar (hip to waist)	Typical head and helmet	Scooter stage
12	59.5 in	30 to 36 in	54.5 cm (S)	2-wheel kick; electric: Big kids, about 12 mph
14	64.5 in	32 to 39 in	55.5 cm (M)	2-wheel kick; electric: Teen, about 15.5 mph
16	67 in	34 to 40 in	56.5 cm (M)	2-wheel kick; electric: Teen to adult, about 19 mph

Kids electric speeds follow how the major kids lines are rated. Many states set 16 as the minimum age for e-scooters on public roads; kids electric scooters are for paths, driveways and private property in most places.

Stage gates: move up when every box is ticked

From	To	Ready when the child can...	Ticked on
3-wheel lean-to-steer	2-wheel kick	glide with both feet on the deck, steer by leaning, and stop with the rear foot brake on a mark	
2-wheel kick, driveway	2-wheel kick, sidewalk and path	stop on a mark every time, look ahead not down, and stop at every driveway and crossing without a reminder	
Kick	Kids electric	meet the maker's age and weight rating, pass Level 1 of the skills plan, and keep a helmet on without being asked	
Kids electric	Higher speed class	pass Level 2 of the skills plan in the lower class first; the class never outruns the age band	
Kick	Pro scooter and skatepark	ride a 2-wheel kick confidently, wear a CPSC plus ASTM F1492 helmet and pads, and start the trick progression	

Parent checklist, before the first ride and every month

- [ ] Helmet fits (Rider Safety Sheet fit check) and is certified for the riding; replace after any crash
- [ ] Handlebar set between hip and waist, and the clamp or collar tight
- [ ] Weight rating covers the child with room to spare; age rating on the box covers the child
- [ ] Electric: UL 2272 listed, speed mode set to the lowest until Level 2, and charging done by an adult on a hard floor
- [ ] Brakes checked: foot brake presses on the wheel, hand brake (if any) stops the wheel
- [ ] Riding boundaries agreed out loud: which streets, which paths, where to stop and wait
- [ ] Knee, elbow and wrist pads for learners and anything at the skatepark
- [ ] Local rules checked for age, helmets and where kids may ride

Practice notes by the parent

Date	What they practiced	What they did well	Next thing to try

First scooters and helmets from the site's catalog

Real listings the site already recommends, each stating an age range on the listing.

- **Micro Kickboard Mini 3-wheel scooter, ages 2 to 5**: Lean-to-steer 3-wheel: the first stage in the table above.
- **Micro Kickboard Sprite 2-wheel scooter, ages 6 and up**: A 2-wheel kick scooter for the second stage.
- **Bell toddler and kids helmet, fits 48 to 52 cm, CPSC**: Covers the typical head of a 2 to 5 year old in the table.
- **Segway C2 Pro kids electric scooter, ages 9 and up**: The intermediate kids electric build's scooter, stated UL certified.

Current prices and our latest picks for each item: **scootermatch.com/kit/scooter-rider-skills-safety-and-commute-planner/gear/**

Researched guidance, not professional advice. Wear a certified helmet every ride. Scooter laws differ by state and city: check yours.